

Can your diet influence your mood?

Help us learn if keto diet therapy and psychiatric care can help stabilize your mood.



YOU MAY QUALIFY FOR THIS STUDY:



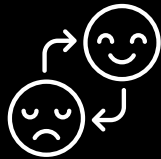
AGE

Between the ages of 14 and 21.



PARENT SUPPORT

If you are under 18, have a parent or guardian.



MOOD SWINGS

Have bipolar disorder or other mood symptoms.

WHAT TO EXPECT:

- **Diagnostic evaluation** and health assessment from our team.
- **Online** and **in-person** visit at CU Anschutz for 4-5 months.
- Support and treatment from a **psychiatrist**.
- Support from a **registered dietitian** during the 16-week trial.
- Home delivered **fresh meals** provided for 16 weeks.
- Participation in interviews, questionnaires, and giving a small amount of blood.

CONTACT INFORMATION



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COMIRB#: 24-2497

Earn up to \$380

Fill out the interest form with your information!

